

Dr. Jerry A. Cohn, D.P.M
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PATIENT'S NAME

POST OPERATIVE INSTRUCTIONS FOR NAIL SURGERY

1. Keep foot dry until bandage is removed.
2. Elevate foot as much as possible the first 24 hours.
3. Some bleeding is expected, that is the reason for the big bandage the first day. If, after elevation, the bleeding continues to be bright red and does not clot on the bandage, call the office. Do not use hot water bottle or heating pad.
4. Tomorrow, remove the bandage and packing. Begin soaking with 2 tablespoons of epsom salts to a quart of warm water for 20 minutes in the morning and at bedtime. After soaking for 20 minutes, apply povidone/iodine solution with a Q-tip swab over the site where the nail was removed. Apply a regular band-aid. You do not need the bulky bandage like the first day.
5. Drainage is expected...making it necessary to change the band-aid 2-3 times a day for the first few days, gradually decreasing to once a day.
6. Surgical site may appear red and inflamed if drainage area is not kept open.
7. There is usually no discomfort after these procedures. If you experience some discomfort, take aspirin or any mild analgesic of your choice.
8. If you have any questions between now and your next visit, call the office at any time. We have a 24 hour answering service, so do not hesitate to call. If by chance the doctor does not return your call within 10-20 minutes, call the answering service again and let them know it is an emergency.
9. Apply Amerigel ointment two times daily (Amerigel can be purchased in our office.)

24 HOUR PHONE NUMBER: (623) 848-0123

I acknowledge receipt of this form and further acknowledge that this has been thoroughly explained to my satisfaction.

SIGNATURE OF PATIENT (PARENT IF MINOR)

DATE